Method

- 1. Think privately
- 2. Think as a small group
- 3. Think as the whole group

Goals

- 1. Dealing with habits (good and bad)
- 2. Taking a chance and doing something new and different
- 3. Getting involved in the life and service of the church, of others

Paths

- 1. Hear the word of God (Bible, sermons). Fill yourself with God's love and wisdom
- 2. Pray fervently and regularly. Be in communion with God.
- 3. Discipline and regularity. Respect the limited resource of time that God has given us.

Enablers

- 1. Spiritual father (accountability).
- 2. Brothers (strength, confidence).
- 3. Role models (example, hope).